

## Wear a toga to school today!

Some schools are having non-uniform days as a way of fundraising for the Save the Roman Circus Appeal.

If your school is having a non-uniform day, you might like to try wearing Roman clothes for a day. The next pages give instructions on how to make a simple toga and a laurel wreath to wear as a headdress.

If you don't want to wear Roman clothes, you could all wear something in the colours of the different chariot racing teams. These were red, blue, white and green. the colours represented the seasons:

red = summer

blue = autumn

white = winter

green = spring

If you do have a non-uniform day, we'd love to hear from you - email a photo to [romancircus@fundraising.co.uk](mailto:romancircus@fundraising.co.uk) and you might find yourselves on our website!

[www.romancircus.org](http://www.romancircus.org)

## Toga to go!

You can make a simple toga out of a sheet.

Gather the sheet along its length and drape it over your shoulders.

Pull the sheet down over your left shoulder so that you have a long end reaching down to below your knee.

Then take the other end down under your right arm, across your chest then up and over your left shoulder.

You can either secure the toga with a safety pin on your left shoulder or gather all the material together and tie it up with a piece of string.



Did you know?

Slaves were forbidden to wear the toga. Why?

A toga picta was a special toga which was dyed purple and embroidered with gold thread. Who do you think was allowed to wear it?

Some important officials wore togas with purple stripes running along the edges. Why would they want to look different to ordinary people?

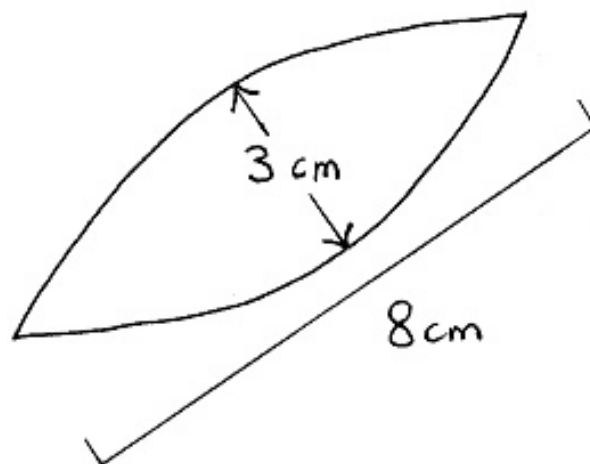
Roman soldiers wore a special kind of cloak, the lacerna, over their tunics instead of a toga. Why do you think a soldier wouldn't have worn a toga?

Romans washed their clothes in human urine (wee). How did this work?

## How to make a laurel wreath

Measure around your head and add an extra 4cm. Cut a strip of paper this length and 4cm wide.

Cut out oval leaf shapes (like the one below) from green paper. You will need approx 24 leaves.



Stick the leaves along the strip at an angle so that they overlap down the middle like this:



When you have attached all the leaves, join the two ends of the strip together with glue or tape. Your wreath is ready to wear!



Would everyone have worn a laurel wreath? Can you find out more information about Roman dress?